



AU WRITING SUPPORT PRESENTS:

BREAKING DOWN YOUR ASSIGNMENT

Facilitated by Kolleen Hoepfner Carney
Professional Writing Consultant

Sometimes just looking at your assignments can seem like an insurmountable task...never mind actually doing the work!

In this workshop, we will discuss strategies for getting over everything from the initial anxiety of the assignment's guidelines to turning it in and moving on to the next thing.

Whether you have executive dysfunction due to neurodiversity (like me!) or just feel the burden of higher education on your shoulders, this workshop is for you!

Monday,
July 27, 2026
12 pm-1pm PST
via ZOOM

[REGISTER HERE](#)

Questions? Contact writingsupport@antioch.edu